

# Mission

*Your Hometown*

SEPTEMBER / OCTOBER 2012

## Mission Lifesaving Award

Pool employee  
Sarah Perryman  
receives honor

## Trip of a lifetime

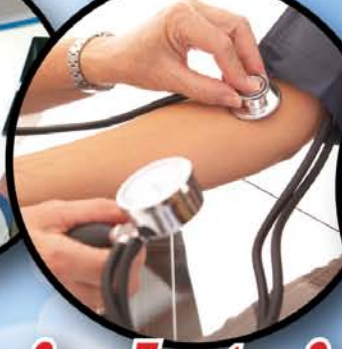
Andy Ash goes behind the  
scenes at Tour de France

## Battle of the Brisket State Championship

Ladies are Smokin'  
and other teams prepare  
to show off their skills







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*Oh, the sweet  
smells of BBQ!*

Whether you are a pro or a novice when it comes to cooking on the grill, there is something mouth-watering about having the aroma of grilled chicken come through your windows. Beginning my career as a BBQ “chef,” I was asked to light the grill before my husband got home from work — so, in all of my infinite wisdom, I stacked the coals in the grill as I had seen him do, grabbed a can of gasoline and some matches and, in no time, had all the neighbors in our backyard to see what had caused this loud boom and cloud of black smoke!

As I progressed in the art of BBQ, I received a funny little metal chimney from a neighbor who informed me that all the flames and smoke I was sending her way from my cans of lighter fluid were not only bad for me to inhale but were harming the neighbors as well. (As you can see, I graduated from gasoline to lighter fluid to charcoal and newspaper).

I have been given tips of all kinds: mix a little lemon juice with melted butter when basting your chicken or add a little apricot jam to the finishing touches of your chicken. And if you have never tried Vidalia onions on the grill you should give it a whirl — take a whole onion, cut out the core and insert a bullion cube and pat of butter, wrap in foil and cook for 20 minutes or so. Wonderful!

Our first BBQ grill was a small, cheap kettle-like fixture, but it didn’t take long for us to move up in the world to a Hasty-Bake. Hasty-Bakes are not the easiest grills to find at garage sales but, thanks to friends, I have a spare in our basement when the current one rusts out. And when the snow is 2 feet deep, my husband always keeps the back steps cleared so I can get to the grill!

So whether you use a Weber, custom-made grill or Hasty-Bake, baste your meat with a marinade or use a rub, there is nothing that will ever take the place of lighting up your neighborhood with the aroma of BBQ!

On Sept. 14 and 15, 65 BBQ teams will send their culinary smells out into the City of Mission for you to enjoy during the Arts & Eats Festival. This is a wonderful event, so grab your friends and come join us.

BBQ/grilling tips? I am sure you all have one you would like to share. E-mail me at [sgibbs@missionks.org](mailto:sgibbs@missionks.org) — who knows, Mission may become the BBQ capital of the world! Enjoy!

*Suzie Gibbs*

Mission Convention and Visitors Bureau Chair  
Councilmember, Ward IV

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## ON THE COVER:

Mary Geyer of the Ladies are Smokin’  
barbecue team. PHOTO BY BEN McCALL

# Mission

*Your Hometown*

SEPTEMBER / OCTOBER 2012

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## 9th Annual Arts & Eats Festival

## 6th Annual Battle of the Brisket State Championship

### Schedule of Activities

#### Friday, Sept. 14

- 4 to 10 p.m. ....Food, arts and  
crafts vendors
- 7 to 9 p.m. ....Charlie and the  
Stingrays  
performance

#### Saturday, Sept. 15

- 7 to 11 a.m. ....Rotary Pancake  
Breakfast at  
Beverly Park
- 10 a.m. to 4 p.m. ....Food, arts and  
crafts vendors
- 12:30 to 2:30 p.m. ....Midnight Station  
performance
- 3:30 p.m. ....Barbecue  
contest awards



The 3 Not So Little Pigs barbecue team

Get ready to enjoy the sights and smells of a fall Mission tradition: the Arts & Eats Festival and Battle of the Brisket State Championship.

There is something for everyone at this year's festival, so you won't want to miss it:

- About 65 barbecue contestants will see how their food rates during the Battle of the Brisket State Championship. Because this event is sanctioned by the Kansas City Barbecue Society, the winner of Mission's Battle of the Brisket qualifies to compete at the American Royal Barbecue.
- Treat yourself — or start your holiday shopping a little early — among the vendors who will have their arts and crafts on display. Stop inside the Sylvester Powell, Jr. Community Center and see the hand-soldered glass art charms of Two Charming Chix, the knitted purses, ponchos and hats by Rea Raps and the sterling silver jewelry

with semi-precious stones from Wild-fowl Creations. Uncover the unusual, too. Have you ever seen Orbit Originals' ornamental décor made from window screen and wire? Arts & Eats is your chance to see this and much, much more.

- Grab a bite to eat and enjoy your choice of hamburgers, hot dogs, fried catfish, Thai food, barbecue, french fries, sweet potato fries, soda, beer and more throughout the festival.
- For your musical enjoyment, come on out for Charlie and the Stingrays from 7 to 9 p.m. Friday and Midnight Station from 12:30 to 2:30 p.m. Saturday.
- Get your taste buds warmed up on Saturday during the Rotary Pancake Breakfast from 7 to 11 a.m. in Beverly Park. The cost is \$5 for pancakes, juice, sausage and coffee.
- Help out the Northeast Johnson County community by placing bids

in the silent auction from 6 to 9 p.m. Friday. All proceeds will go toward Thanksgiving and Christmas food and gift baskets given to those who are less fortunate this holiday season. Items available in the silent auction include a basketball goal, skateboards, a Weber barbecue grill, an outdoor wall clock, backpacks, and various gift cards to area restaurants.

- Let the children in your life use their imagination in the kids creativity tent featuring face painting and a wide array of craft supplies.

The Arts & Eats Festival and Battle of the Brisket State Championship will take place from 4 to 10 p.m. on Friday, Sept. 14 and 10 a.m. to 4 p.m. on Saturday, Sept. 15, on the grounds surrounding the Sylvester Powell, Jr. Community Center, 6200 Martway.

This free festival is presented by the Mission Convention and Visitors Bureau.



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# AN EVENING WITH THE ARTS

## EXQUISITE MISSION EVENT TO SHOWCASE THE WORKS OF SIX LOCAL ARTISTS

By Heather Swan • Photo by Ben McCall

As a member of the Mission Arts Council, Jackie Warren has always worked behind the scenes at Mission's "An Evening with the Arts."

But after six years of working in the background of this premier event, Warren will be center stage as one of six local artists displaying their work while guests enjoy hors d'oeuvres, wine and music by harpist Jennifer Liebnitz.

"It's such a high-class show," said Warren, a longtime Kansas City artist and art broker. "It's a really fun evening, and it will be fun to visit with people as an artist."

During An Evening with the Arts, Warren will be showing off some of her newer works in "The Water Series," a collection of acrylics that features cool shades of blues, greens and oranges that make you feel like you are underwater or at the sea.

"I've been wanting to move by water and I can't seem to get there, so I guess I will paint it," she said. "...It (The Water Series) is fun to paint. People also seem to like these paintings because they're colorful and fun."

Steve Rimmer, a Leawood artist, will be displaying abstract mixed media pieces he's finished in the past six months along with a landscape or two. Rimmer said the open

space of the Sylvester Powell, Jr. Community Center is conducive to his work, which is made up of fairly large pieces he has painted over a collage of materials, such as paper and tree bark.


"I'm anxious to see the other artwork," Rimmer said, of An Evening with the Arts.

Other artists to be featured during this exhibition include Ada Koch, oil; Donna Yeager, pastel; Claudia True, acrylic; and Joseph Maino, photography.

Sponsors for An Evening with the Arts are The Mission Bank, Bickford at Mission Springs and Colormark.

For more information about this invitation-only event, call Suzie Gibbs at 913-671-8564.

The art showcased during An Evening with the Arts will be on display at the Sylvester Powell, Jr. Community Center until Oct. 4. Artwork may be purchased through the Community Center desk.



Artist Jackie Warren will display some of her newer works in "The Water Series" during An Evening with the Arts.



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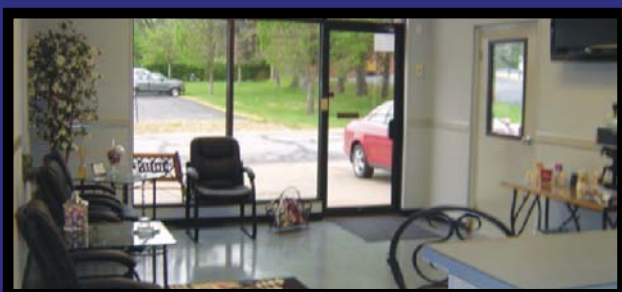
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Dr. Shortell and his staff welcome new smiles!

## THE HEALTH BENEFITS OF A PERFECT SMILE

Many patients view crooked, crowded, or poorly aligned teeth as cosmetic problems, but according to Dr. Thomas Shortell, there are health issues – some serious- that should be considered when determining if tooth straightening is called for.

"I see patients of all ages who suffer from malocclusion – or crooked teeth, tooth crowding or overlapping teeth, and who only think about their smile from a cosmetic standpoint," observed Dr. Shortell of Thomas P. Shortell, D.D.S. of Mission, Kansas. "But there are many reasons that patients of all ages can benefit from addressing these conditions."

According to Dr. Shortell, health condition such a tooth decay and gum disease can occur due to an inability to reach between teeth for proper cleaning. Dr. Shortell added that there is also new evidence that shows that poor hygiene can also result in digestive and heart health issues as well.

Bone loss and jaw pain are also frequent side effects to misaligned teeth, a condition that Dr. Shortell warns may get worse over time.

Part of the resistance to treating misaligned teeth, Dr. Shortell believes, is that many adult patients still view tooth straightening as a painful process, requiring intrusive, old-fashioned metal braces that they associate with their teen years and some embarrassment as an adult.

"It is true that these traditional methods are still used in some instances, but new advances in treatment with products such as Invisalign® system, allows adults – and teens – to undergo the process of re-aligning teeth in a manner that is practically invisible to others," said Dr. Shortell.

The Invisalign® system involves a series of custom-designed plastic "aligners" that fit over teeth to gently move them to their desired position. With Invisalign, patients are able to remove the aligners for social or professional situations and for daily dental hygiene, something Dr. Shortell has found to be very appealing to his patients.

"Many of my patients have been shocked at how easily this system fits into their lives," he said. "I'd encourage anyone who is less-than-happy with their smile to ask their dentist what options exist for them, and to consider not only the cosmetic, but the health issues around misaligned teeth."

Below, Dr. Shortell lists several common tooth alignment conditions and the resulting health risks associated with them.

**Overly crowded teeth:** This occurs when there is simply a lack of room within your jaw for all of your teeth to fit normally. When left untreated, overly crowded teeth can cause dental decay, and increase in chances of gum disease, and can prevent the normal function of teeth.

**Widely spaced teeth:** This occurs with abnormal continued growth of the jawbone. When teeth are missing, this issue can also be cause by the other teeth shifting due to extra space. Spacing issues in teeth can cause a variety of periodontal diseases.

**Crossbite:** This occurs when the upper and lower jaws are both misaligned. It causes one or more upper teeth to bite on the inside of the lower teeth, and can happen on both the front and/or the sides of the mouth. This issue can cause wear of the teeth, gum disease, and bone loss.

**Overbite:** What people commonly refer to as an "overbite" is known to dental professionals as "overjet." It occurs when the upper teeth bite over the lower teeth. It's typically caused by genetics, bad oral habits, or over development of the bone that supports the teeth. This issue can lead to gum problems or irritation, and/or wear on the lower teeth and can cause painful jaw and joint problems.

**Underbite:** This occurs when the lower teeth protrude past the front teeth. It's usually cause by undergrowth of the upper jaw, overgrowth of the lower jaw, or both. It can also be caused by missing upper teeth. This issue can prevent the normal function of front teeth or molars which can lead to tooth wear. It can also cause painful jaw and joint problems.

To schedule an appointment today please call Dr. Shortell's office at (913) 432-8700. We look forward to hearing from you.



# Mission Bulletin Board



Sarah Perryman, second from right, was presented the Mission Lifesaving Award for helping Mike Sharon, second from left, at the Mission Municipal Pool. They are pictured with Mission Mayor Laura McConwell, left, and Christy Humerickhouse, right, director of Mission Parks and Recreation. (See story on Page 28).

## MEETING NOTICE

Mission City Council Meetings:  
7 p.m. at City Hall  
Sept. 19, 2012 &  
Oct. 17, 2012



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## THANKS FOR SENIORS!

Thursday, Nov. 15 • 10 a.m. to 2 p.m.

Sylvester Powell, Jr. Community Center

Join the City of Mission for a special Thanksgiving tribute to the seniors of Northeast Johnson County and their contributions to the community.

Enjoy a traditional Thanksgiving feast of turkey, dressing, vegetables, mashed potatoes and gravy, and pumpkin pie.

Entertainment provided by the Shawnee Mission North Strolling Strings and guest speaker Dorwin Lampkin.

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# Mission Bulletin Board



*Amy Simeonov*

## Mission schools welcome new principals

Two Mission elementary schools have kicked off the 2012-2013 school year with new principals.

Amy Simeonov is now the principal at Rushton Elementary School. She has been in education for 14 years, teaching third and fourth grade at Trailwood Elementary for six years as well as one year as Teacher on Assignment at Nieman Elementary. Prior to joining the Shawnee Mission School District, Simeonov taught elementary grades and coached middle school sports in the Basehor-Linwood and Herington, Kan., school districts.

Marilyn Webb, the new principal at Highlands Elementary School, began working in Shawnee Mission as a teacher at Katherine Carpenter Elementary School. She has also taught at Christa McAuliffe and Broken Arrow elementary schools and was an elementary resource teacher for two years. Her first principal position was at Rushton Elementary School; she then became principal at Katherine Carpenter and Dorothy Moody elementary schools.



*Marilyn Webb*



## Food collection bins coming soon

Watch for food containers at the Sylvester Powell, Jr. Community Center as we once again provide Thanksgiving baskets to our Northeast Johnson County families.

## ATTENTION APARTMENT DWELLERS



The Sylvester Powell, Jr. Community Center offers a variety of programs and classes throughout the year! If you would like to receive our bi-annual Activity Guide, contact the SPJCC front desk at 913-722-8200 to be placed on the mailing list.



Rebecca Simkins, right, a Shawnee Mission North High School student, will serve as the 2012-2013 Mission Convention and Visitors Bureau intern. She is pictured here with Mission Mayor Laura McConwell.





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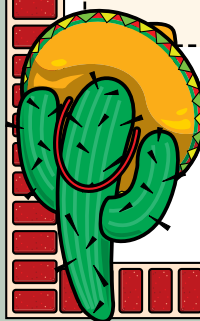
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# CITY OF MISSION

## Newsletter

SEPTEMBER / OCTOBER 2012  
VOLUME 8, ISSUE 4  
WWW.MISSIONKS.ORG

Dear Friends and Neighbors,

This past summer's extreme temperatures have really taken a toll on foundations and water mains. I want to thank WaterOne for their great work in getting lines repaired and streets open following the many water main breaks. They are an excellent partner in our community. Now that cooler weather is just around the corner, it is a great time to assess our home and landscape's condition. During a "normal" summer, we usually catch up on all of those projects that have been waiting for our attention over the winter months, but this year was a little different. With already 19 days over 100 degrees, most of us have been kept indoors this summer. I encourage each of you to now set aside time this fall to focus on your home's exterior. Every improvement we make to our individual properties helps to improve our entire neighborhood and our city as a whole. Working outside is also a great way to get to know your neighbors, and the projects you undertake may encourage others on your street to do the same. Additional information on maintaining and improving your home may be found on page N3. As always, if you have specific questions regarding property maintenance or a specific improvement you are considering, any permitting that may be required, or



resources available to you, please contact our Community Development and Neighborhood Services Departments at 913-676-8360.

With summer winding down, our Municipal

Outdoor Pool closed for the season on August 12th. In June, the City Council approved placing a sales tax question on the November 6th General Election ballot to fund the replacement of our aging Municipal Outdoor Pool. Mission voters will have the opportunity to vote on a proposed 3/8 cent sales tax that would be in effect for 10 years. The proceeds from this sales tax would be used to fund Parks and Recreation, including a new Municipal Outdoor Pool. This decision was made by City Council following many months of study and consideration by our Swimming Pool Task Force and the Parks and Recreation Commission. If you would like to view your sample ballot for the November 6th election, please visit the Johnson County Election Office website at [www.jocoelection.org](http://www.jocoelection.org). They can also provide you with information on how to register to vote and polling places.

I want to thank all of our residents and visitors to Mission for their cooperation and patience during the many street improvements that were completed during this second year

of our Street Maintenance Program. Each year we will continue to mill & overlay and slurry seal our streets to extend their lifespan. This important program will touch all of our roads over the next eight to ten years. Major road improvements are also scheduled to begin next year along both Martway and Johnson Drive. The Martway project will be completed first, with Johnson Drive improvements scheduled for late 2013 and 2014. Information on all of our street projects is available at

[www.wedigmission.com](http://www.wedigmission.com) or you may call our Public Works Department at 913-676-8375 if you have specific concerns about a street in your neighborhood.

Arts & Eats Festival is just a few weeks away (September 14th & 15th) — please mark your calendar for this fun annual event, and I look forward to seeing you there!

Sincerely,

*Laura L. McConwell*

Laura L. McConwell  
Mayor



Mayor McConwell presents Deputy City Clerk Cheri Williams with a proclamation during her recent retirement reception. Williams retired from the city at the end of July after 22 years of service.



## TIGER Improvements Underway

TIGER improvements are now officially under construction! A groundbreaking ceremony was held at the future site of the Mission Transit Center on July 18 with many elected officials and Johnson County residents attending.

Through the American Reinvestment and Recovery Act (ARRA), the Kansas City region received about \$50 million of federal money to construct transit improvement projects. Johnson County was allocated just under \$11 million with just about \$2.7 million of improvements slated to be constructed in Mission. This includes a transit center at the old Capitol Federal Bank site on Johnson Drive, as well as enhanced transit stations to be constructed at the Martway/Broadmoor intersection, at the Sylvester Powell, Jr. Community Center, and future stations near the Gateway Development at the Johnson Drive/Roe intersection. This project also includes a "Park & Ride" facility near the new Transit Center and will pave the currently unpaved portion of the Rock Creek Trail between Woodson Steet and Maple Street. Finally, this project will include street and pedestrian improvements to Martway between Metcalf and Broadmoor.

Visit [www.wedgimission.com](http://www.wedgimission.com) for regular construction progress updates and be sure to follow the City of Mission on Facebook and Twitter!



## Important Bicycle Safety

Every year over 55 million Americans hit the streets and sidewalks on bicycles. Bicycles are a great way to have fun and stay fit; however, operating a vehicle of any type, including a bicycle, carries some inherent risks and responsibilities.

In 2010, there were 111 people killed in bicycle accidents and over 17,000 people were injured. It should come as no surprise that nearly 25% of crashes involve children. But hold on a second before you Craigslist your bicycle! There are many simple things that you can do to improve your safety, as well as the safety of your children, while bicycling and walking.

One of the major contributors to bicycle deaths at nearly 75% is head injuries. Something as simple as a helmet can protect one of your most important possessions, your brain. OK, I get it, helmets aren't necessarily the coolest things to wear and they don't do your hair any favors either. But as a cyclist who has hit the ground a time or two in my life, I can tell you that helmets are important.

One of the best things you can do to avoid getting hurt in a crash is to avoid the crash altogether. Here are some tips to help you avoid crashes:

- Adults and teenagers should stay on roads and mixed-use trails and leave the sidewalks for pedestrians and young children who are riding slowly.
- Always ride your bicycle on the same side of the street as traffic. Motorists generally don't look for traffic on the wrong side of the street. Pedestrians must use the sidewalk when provided and need to walk opposite the flow of

traffic if there is not sidewalk. (Mission Ordinance 1349 Section 68)

- Remember, even if you have the right of way, you will lose in a collision.
- The laws of the road apply to cyclists; watch stop signs, traffic lights, and remember to signal lane changes and turns. (Mission Ordinance 1349 Section 128)
- Keep an eye on stopped vehicles. Watch for car doors that may be opening or people who may suddenly pull away from a curb or back out of a driveway.
- Pedestrians should wear light colored and reflective clothing when walking in low-light conditions.
- Like drivers and cyclists, pedestrians are prohibited from being in the roadway while under the influence of alcohol or other drugs. (Mission Ordinance 1349 Section 74)
- Bicycles are required to have a white light on the front and a red reflector to the rear when being operated at nighttime. Bicycles may also use a red light. (Mission Ordinance 1349 Section 133)

Bicycling and walking are great ways to have fun and stay in shape. And, by following a few basic safety practices, we can all enjoy our preferred mode of travel safely. Remember, drivers may be distracted and may not be looking for you. Your safety is your responsibility, so pay attention to your surroundings and stay safe.

Please contact Officer Roy Castle at the Mission Police Department if you have any questions or are interested in any bicycle safety materials for children. Castle can be reached at 816-676-8300 or [rcastle@missionpd.org](mailto:rcastle@missionpd.org).

## Note for Rushton!

If you are on Facebook, you can help Rushton Elementary earn Target gift cards by voting for our local school. For every 25 votes Rushton receives, the school earns a \$25 gift card; with 50 votes a \$50 gift card is earned, and so on! You can vote weekly for Rushton through September 8th so please take a moment to log on to <http://tinyurl.com/c3t53uv> to place your vote and support our students and teachers at Rushton Elementary!



## Fall is the **PERFECT** Time to Finish Projects

No one wants to spend their entire weekend re-roofing a house or bagging leaves. So, the tendency is to procrastinate and let these projects go. The more you sit on home repairs, the worse these problems are going to get, and this means more time and money will eventually have to be spent to put right what was once a quick and affordable fix. Neighborhood Services feels prevention is the best solution in helping to keep your home looking sharp. With summer almost over, and fall fast approaching, the City of Mission wants its residents to know that autumn is the **PERFECT** time to finish those projects you are weary to complete. Here are some examples we suggest:

- Summer months are the worst for painting your home. It is generally recommended that paint be

applied when temperatures are in the 50°F - 80°F range to allow your paint to form a highly protective film that will look great and last for years.

- With fall right around the corner, leaves will start falling soon, so from October 15th - December 31st, residents may place up to 12 yard waste items (any combination of bins, bags, or bundles) at the curb each week for collection.
- After leaves have fallen, clean out the gutters and downspouts, flush them with water, inspect joints, and tighten brackets if necessary. Clogged gutters are one of the major causes of ice dams. Replace old or damaged gutters with new ones that have built-in leaf guards.
- Check foundation for cracks and caulk around



the areas where masonry meets siding, where pipes or wires enter the house, and around the windows and door frames to prevent heat from escaping.

- Make sure the roof is in good shape. Inspect for missing and loose shingles. Your roof is your first defense in protecting your

home. Without it functioning properly, water damage can occur, which causes deterioration to insulation, wood, and drywall.

The Neighborhood Services Department is here to assist you, so please don't hesitate to stop by our offices located in City Hall or to call us at 913-676-8390.

## Another Great Season for the Mission Marlins

This summer, nearly 250 young athletes took to Mission's Outdoor Pool to hone their swimming skills and compete with other metro-area swim teams in the Mo-Kan Swim League. This was one of the largest teams for the Mission Marlins, a parent-run organization that strives to help each swimmer reach their greatest potential, while building friendships and good sportsmanship. The culmination of the swim season was the Mo-Kan Championships held at Homestead Country Club. We are proud to announce that the Marlins placed 2nd in the Novice Division and 1st in the Level

II Division. Congratulations to the Marlins' outstanding coaching staff led by Head Coach Alissa Ruffin, and to all of the swimmers who participated and competed this season!



## Street Maintenance Program

Despite the oppressive heat wave, during the month of July and into early August, City employees and several contractors worked to complete the 2012 Street Maintenance Program. As a result of the work performed, 10 blocks of city streets received curb and gutter repairs followed by an asphalt mill and overlay. Broadmoor (Johnson Drive to 56th Street) and also Outlook (Martway to Johnson Drive) are just a couple of the streets that were improved in the scope of this work. In addition, another 27 blocks of city streets received a slurry



seal application that should extend the useful life of the street another 7-8 years. To see maps depicting work locations, video updates from the field, and photos of the work, please visit the City's street maintenance program website at [www.missionks.org/streets](http://www.missionks.org/streets).



## 50 & Beyond Program Offers Something for Everyone

Mission's Parks & Recreation Department has a variety of programs for those 50 and over, and these are not just at the Sylvester Powell, Jr. Community Center! In addition to their senior fitness programs, potluck lunches, and matinees, which are held throughout the year, many day trips are available and even an Ireland adventure in 2013.

The Sylvester Powell, Jr. Community Center's 50 & Beyond Program is a great way to enjoy time with others in our community, explore new places with day or overnight trips, and increase your fitness level. One of the easiest ways to meet others while increasing your stamina is Track Treaders. The Community Center is a safe place for your daily walk without the worries of traffic and, since it is inside, you won't need to miss a day due to the weather! At just \$20 (Mission residents) for 20 visits, this is one of the most affordable ways to stay in shape this fall and winter!

Another affordable way to get together with friends is the 50 & Beyond Matinee. Every

other Tuesday afternoon you can enjoy a movie and free popcorn at the Community Center. This activity is free to Community Center members and only \$1 for non-members, so be sure to check out the Fall and Winter Parks & Recreation Guide, which you will be receiving in the mail soon, for a listing of upcoming films.

If you would like to venture a little further from Mission, a wide variety of day trips are planned throughout the year, and you might even want to consider the "Colors of New England" trip planned for October 7th – 14th or the "Treasures of Ireland" in March 2013. Enjoy St. Patrick's Day in KC and then head across the pond on March 18th to experience the beauty and history of Ireland. Both trips include roundtrip airfare, hotel accommodations, group tours, and most meals.

If you would like specific information on any of the upcoming 50 & Beyond trips, social events, or fitness activities, please contact the Sylvester Powell, Jr. Community Center at 913-722-8200.



### MISSION CITY HALL

6090 Woodson Road, Mission, Kansas 66202

Open Monday through Friday 8:00 a.m. to 5:00 p.m.

Phone: 913-676-8350 • Fax: 913-722-1415 • [www.missionks.org](http://www.missionks.org)

#### COMMUNITY DEVELOPMENT COMMITTEE MEETINGS

1st Wednesday every month, 6:30 p.m.

#### FINANCE & ADMINISTRATION COMMITTEE MEETINGS

2nd Wednesday every month, 6:30 p.m.

#### COUNCIL MEETINGS

3rd Wednesday every month, 7:00 p.m.

#### COUNCIL WORK SESSIONS

4th Wednesday every month, 7:00 p.m.

*All meetings are open to the public. For meeting locations please check the website at [www.missionks.org](http://www.missionks.org).*

## CITY COUNCIL

Mayor Laura L. McConwell .....913-722-2670  
City Hall Office .....913-676-8355

#### COUNCILMEMBERS WARD I

Lawrence Andre .....913-638-9000  
Pat Quinn .....913-927-8511

#### COUNCILMEMBERS WARD II

Amy Miller .....913-677-0169  
Will Vandenberg .....913-424-4357

#### COUNCILMEMBERS WARD III

Jennifer Cowdry .....913-384-1263  
Debbie Kring .....913-722-6901

#### COUNCILMEMBERS WARD IV

Suzanne Gibbs .....913-671-8564  
David Shepherd .....913-671-8521

## WE NEED YOU!

**A**re you interested in becoming more involved in our community / municipal government? The City of Mission has several boards and commissions that offer opportunities for residents to directly impact current initiatives, as well as the future of Mission. If you are interested in serving on one of the boards or commissions listed below, please send a letter of interest along with a current resume to Mayor Laura McConwell at Mission City Hall, 6090 Woodson, Mission, KS 66202 or [lmconwell@missionks.org](mailto:lmconwell@missionks.org).

- **Planning Commission / Board of Zoning Appeals**
- **Parks & Recreation Commission**
- **Tree Board**
- **Sustainability Commission**
- **Mission Convention & Visitors Bureau**



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# Mission's Battle of the Brisket: *an annual tradition for* Ladies are Smokin'

Team of women comes up with perfect blend for barbecue and friendship

By Heather Swan • Photos by Ben McCall

When you see the Ladies are Smokin' team at Mission's Battle of the Brisket State Championship on Sept. 14 and 15 (just look for the hot-pink shirts), keep in mind that barbecue brought these women together.

How is it possible that smoked meats, sauces and rubs can be the foundation of friendships that have survived for more than a decade?

The all-women team of Ladies are Smokin' has found the recipe for sustaining a successful friendship. But you have to go back to the beginning, which was the 1998 American Royal Barbecue, to appreciate how it all started.

Friends Chris Schlomann and Shelly Weatherford were volunteering for the first time that year at the American Royal. While they were walking around among the competitors on the Thursday night of the event, they happened upon the Red Hot Pops' booth and Mission residents Bob and Mary Geyer. Bob and the Red Hot Pops enter about four or five barbecue competitions a year, and the Geyers invited Schlomann and Weatherford to come into their booth for beer and some barbecue.

And the rest, you could say, is barbecue history. A friendship was formed, the idea was eventually hatched for the women (without the Red Hot Pops) to enter the first Battle of the Brisket competition in Mission and the barbecue team of Ladies are Smokin' was born.

"If Bob can do it, we can do it," Schlomann said.

Ladies are Smokin' is comprised of:

- Mission resident Mary Geyer, who is a "lunch lady" at Comanche Elementary School. For competitions with Ladies Are Smokin', Geyer specializes in making pork butt and jalapeño corn, which she enters in the side dish category (see recipe on Page 24).
- Lawyer Chris Schlomann, who smokes the ribs
- Shelly Weatherford, who is in charge of the brisket. She works in the funeral business as a sales manager.
- Ann Schlomann, Chris' sister and an IT project manager for a law firm. She keeps the team members on

their toes, and the group has declared her the "project manager."

- Seletha Amborn, who is a retired purchasing agent for a packaging corporation, makes the dessert for the Battle of the Brisket. (See Page 24 for her Banana Split Dessert recipe.)
- Debbie England, retired from Lucent Technologies, is the chicken specialist for the team.

Ladies are Smokin' has been successful over the years at Battle of the Brisket and usually comes home with at least one Top 10 award. The first year, for example, they were ranked in the Top 10 for brisket, side dish and dessert, and they won first place for the amount they recycled. (The recycling award still makes them laugh.)

And the team is known for its exuberance during the awards ceremony.

"Mary gets pretty excited," Weatherford said. "We let them know we are there."

Besides the yummy barbecue they smoke, team chemistry is also good.

"Each girl has her own category of what she wants to do," Geyer said. "...We've never had any disagreements. It just works."

Geyer and Weatherford watch the smoker until 2 a.m.; the Schlomann sisters take on the responsibilities from 2 to 6 a.m.

It's a lot of work and the women don't get a lot of sleep, but they all agree it's worth it.

"My favorite part is hanging out with each other for the whole weekend," Chris Schlomann said. "It's hard work, but it's relaxing."

"It's more fun than it is work," Weatherford added.

The most difficult part of the weekend might be keeping Bob Geyer, Mary's husband, away from the smoker.

"He tries to be in charge and I have to give him that look," Mary said. "...Once a year us girls do it."

They do give Bob his due credit, however, for setting up



The Ladies are Smokin' team is made up of, from left, Shelly Weatherford, Ann Schlomann, Mary Geyer, Chris Schlomann and Seletha Amborn. Not pictured is Debbie England.

the smoker and the canopy and loading up everything at the end of the weekend.

The members of Ladies are Smokin' have learned valuable lessons over the years at the Battle of the Brisket and offer these helpful tips to beginner barbecue teams:

- Keep your sense of humor
- Prepare by testing different flavor combinations before the competition. They make "practice meat" a few weeks before the competition that they freeze, re-heat and serve guests at their Friday night private party, which attracts about 60 to 80 of their friends.
- Have good rain gear

- Get to know your booth neighbors
- Start with good meat
- Come with extra socks and dry shoes
- Use Febreze on your hair (after you wash it) to get the smoke smell out.

Despite their success and the fun they always have, Ladies are Smokin' doesn't have any plans to enter larger competitions like the American Royal. They are sticking with Mission's Battle of the Brisket.

"Mission is a great environment," Chris Schlomann said. "They do it very well, and it's well-organized. The people are very nice, and the other teams are having a good time, too."



# Award-winning barbecue side dish & dessert

## Banana Split Dessert

Recipe provided by Seletha Amborn

### Crust

- 1 ½ cups graham cracker crumbs
- ¼ cup sugar
- 1/3 cup softened butter or margarine

### Topping

- 2-3 bananas

- Homemade vanilla custard or packaged pudding mix (made according to box directions)
- 1 container Cool Whip
- Chocolate syrup
- Chopped nuts (optional)
- Cherries (optional)

Mix crust ingredients and press into a 9-inch pie pan or cake pan. (You can also use individual serving containers if you wish.) Chill.

Layer sliced bananas onto the chilled crust followed by the vanilla custard or pudding. Layer the Cool Whip onto the custard and top with drizzled chocolate syrup, chopped nuts and a cherry or cherries (if desired). Chill before you cut into the desired pieces.



## Jalapeño Corn

Recipe provided by Mary Geyer

- Jalapeños to your liking (Mary said people can use fresh, seeded jalapeños if they wish. She uses half of a small jar of sliced jalapeños with some of the juice because she likes her jalapeño corn to be spicy.)
- 2 sticks real butter
- 2 8-ounce packages cream cheese (softened)
- 2 1-pound bags frozen corn
- Tortilla chips (optional)

Place cream cheese in Crock-Pot on medium heat until it is melted. After cream cheese has melted, add butter and let it melt. After butter has melted, add the two bags of corn and stir. Heat until mixture has creamed (about 45 minutes to 1 hour). Add jalapeños to your liking. This recipe can be served with tortilla chips. The total cooking time is about 3 hours.



# 15



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# a DREAM come true

*Mission resident Andy Ash  
wins behind-the-scenes trip  
to the Tour de France*

By Heather Swan

As an avid cyclist, Andy Ash enjoys watching the Tour de France on TV every summer. He's a fan of the American cycling teams in the Tour, of course, but he has also adopted the Liquigas-Cannondale team as one of his favorites. (The Mission resident has owned three Cannondale bikes over the years.)

So, when Ash heard Cannondale was sponsoring a "Backstage at the Tour Contest" where one lucky fan would hang out with the Liquigas-Cannondale team during the Tour de France, he did the obvious thing.

"I told my wife I was going to win," said Ash, 39, who helps to run Ash Battery Systems, his family's business. "It was the perfect contest for me. It felt tailored to my interests."

But first, Ash had to enter the contest, which involved "liking" Cannondale's Facebook page and answering several cycling-related questions in an online application. Twenty-five finalists were selected and asked to submit a short video that showcased their passion for cycling and why they wanted to go to the Tour de France. Ash was selected for the honor (he was notified on June 25), and his adventure began on July 5.

During Ash's six-day trip to France, his behind-the-scenes experience with the Liquigas-Cannondale team included washing bikes, riding in the team car and bus, and eating meals with the team.



Andy Ash had the opportunity to hang out with the Liquigas-Cannondale cycling team as a lucky fan during the Tour de France. PHOTO BY BEN MCCALL

His favorite part was riding along in one of the team cars for two stages. Team cars in the Tour de France are like rolling pit crews that fix flat tires and repair bikes on the fly. They even carry extra bikes on top in case a rider needs a new bike during the race. Ash rode "shotgun" in a team car along with the car's driver and a mechanic, who both only spoke Italian. The chatter on the race radio was in French along with the occasional English sprinkled in.

"You are in the race," Ash said, of his rides in the team car. "Even though you are a passive observer, you are in the middle of it."

The Tour de France runs for about three weeks and covers 2,173 miles over 20 stages. Ash said each stage comes with a parade and expos at the start and finish areas.

"I'm amazed at the production level of just one stage," he said. "One stage is a massive event, and they are doing that for 20 days."

Now that he's home, Ash rides locally with Mid-America Pathology Laboratory (MAPL) Elite, and he'll always have the memory of how gracious and welcoming the Liquigas-Cannondale team was to him.

He will also remember this experience when he rides the second part of his prize: a new Cannondale SuperSix EVO road bike (recently named the "Best Bike in the World" by Tour Magazine and the same bike the Liquigas-Cannondale riders rode in the Tour.)

Ash was not able to take his family — wife, Molly; 3-year-old daughter Ella; and son, Luke (now almost 5 months old) — on this trip, but he hopes his children will get to see the Tour de France someday.

"I will take them over there when they're older," he said. "I will want them to experience that."



Andy Ash rode "shotgun" in a Liquigas-Cannondale team car for two stages of the Tour de France. Team cars, like the one pictured here, are like rolling pit crews that fix flat tires and repair bikes on the fly. Photo courtesy of Andy Ash

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# Pool employee receives Mission Lifesaving Award

Sarah Perryman 'did her job' — and would do it again

By Heather Swan • Photo by Jill Casey

Sarah Perryman was just doing her job on June 29.

A longtime lifeguard and manager/captain at the Mission Municipal Pool, Perryman was checking the chemicals in the baby pool when she heard a lifeguard on duty whistling. And then Perryman heard people yelling her name.

A man was on the ground behind the bleachers near the west pool, unconscious and bleeding from his head.

What followed was a fast series of events:

- Alex Morris, one of the swim team coaches — along with two parents who were at the pool watching swim team practice — began basic first aid on the man. They rolled him onto his side (to allow anything that might block his airway to be cleared from his mouth) before Perryman got to the bleachers.
- One of the parents said it was hard to feel the man's pulse. Morris had his hand on the man's back and said he couldn't feel the man breathing.
- Perryman started doing rescue breathing. She was wearing her lifeguard "fanny pack," which contains a pocket mask for mouth-to-mouth resuscitation.
- Following Perryman's sixth or seventh rescue breath, the man started to cough and began breathing on his own. Perryman and the others rolled the man back to his side until emergency personnel arrived within a matter of seconds.



The last thing Mike Sharon remembers happening on the morning of June 29 is helping his granddaughters get out of his van at the Mission Municipal Pool. He had brought one of the girls to the pool for swim team practice.

Past that point, Sharon doesn't remember anything, like walking to the bleachers or sitting down.

What he's been told is that he had a seizure, fell and hit his head.

"I appreciate what she (Perryman) did," Sharon said. "It was good she was there and did something."

Sharon was transported to the hospital and was there

until the next day. Besides some soreness in his shoulder and back, he is doing fine now.

Perryman and Sharon were both at the July Mission City Council meeting, where Perryman received the Mission Lifesaving Award.

"Sarah did a great job," said Christy Humerickhouse, director of Mission Parks and Recreation. "She took control of the situation and did everything that she was trained to do."

"Sarah has always presented herself as a leader. We are proud of her and glad she is part of our team."



This is most likely the last summer that Perryman, 21, will work at the Mission Municipal Pool. She is majoring in secondary English education at the University of Kansas and is in the final year of the five-year program. She is student teaching this school year at Baldwin High School in Baldwin City, Kan., and Central Middle School in Lawrence.

Perryman, a lifelong Mission resident, has come full circle at the Mission Municipal Pool.

- She took swimming lessons there as a kid.
- She broke her hand the day before her 11th birthday at the pool in a "foot-meet-hand" incident with her younger brother.
- Her first job ever was as a lifeguard at the pool. (Yes, Perryman can tell you the exact date she started: June 1, 2007.)
- She worked as a lifeguard for three years and then as a manager/captain at the Mission Municipal Pool for three years.
- And she has learned what it means to be a good employee and how to work with high school students during the past six years. (Both of these skills will come in handy in her new professional endeavor.)

"I feel like I've grown up here," Perryman said. "...I've learned a lot working here."

It is part of a lifeguard's job to prevent accidents, she said, and it's also a lifeguard's job to keep an eye on every-

one at the pool — not just the people swimming.

Perryman said she tries to keep an eye on the adults who are sitting by the pool, especially when it's scorching hot like it was for most of this summer. And she will offer parents and grandparents some water if it looks like they are getting overheated. That's just part of the job.

And that's why what happened on June 29 during swim team practice was an important learning experience for the lifeguards at the Mission Municipal Pool.

"It was really a good teaching moment," Perryman said. "We are not just guarding the pool. We are guarding everyone who is here."

And she is quick to point out she was not the only person to step up and help Mike Sharon; the lifeguards, parents, Perryman and Morris all worked together that day.

"It wasn't just me," she said. "I was just the person who happened to have the tools we needed. I did my job. I would do it again."

Perryman was aware at the time that how she reacted to this situation would shape how the younger lifeguards would react in the future, so she was careful to keep her composure, handle the situation the best she could and then move on to the next task at hand.

"It (CPR) is something we have practiced a lot," she said. "It's always scary when you have to do something like that. But when you have been the person who has been here the longest, you can't let that show. Once it comes time to do it you have to be ready to step up. I'm the leader so I should be the one to step up."

When Perryman went home on June 29, she was able to tell her family her "story" from the day. Dinner conversations at the Perryman house often involve medical topics because her sister Emily is a medical ICU nurse and her dad, Doug, is an OB-Gyn at Saint Luke's Hospital.

So why didn't Perryman pursue a career in health care instead of a career in teaching?

"I don't like blood," she said.

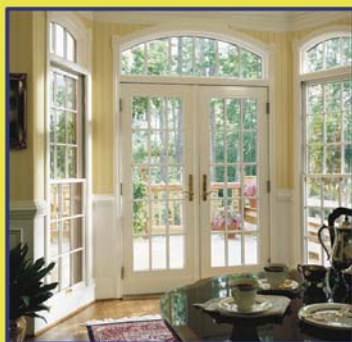


Sarah Perryman, a lifelong Mission resident, has come full circle at the Mission Municipal Pool.



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Come in for a **FREE Youth Class** on  
Saturday, September 29th, 1:00-5:00pm.  
Pre-Registration **not** required.

1:00-1:45pm	Zumbatomic	Ages 6-10
2:00-2:45pm	Tippie Toes Hip Hop	Ages 6-12
	Little Ninjas Karate	Ages 4-7
	Karate	Ages 7-13
3:00-3:45pm	Basketball 101	Ages 6-8
4:00-4:45pm	Family Fun Fitness	Ages 5-10
	*Must be with a Parent	
5:00-5:30pm	Stretch-n-Grow	Ages 2-6
	Challengers Soccer	Ages 6-13

### 2. Family Fun Nights

**Friday's**

5:00 - 8:00pm

Sept. 7   Oct. 12   Nov. 9   Dec. 7

Members  
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\$2.00/child  
All Parents **FREE!**

10 & under must be accompanied  
by an Adult

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Arts & Crafts  
Indoor Playground  
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### 3.

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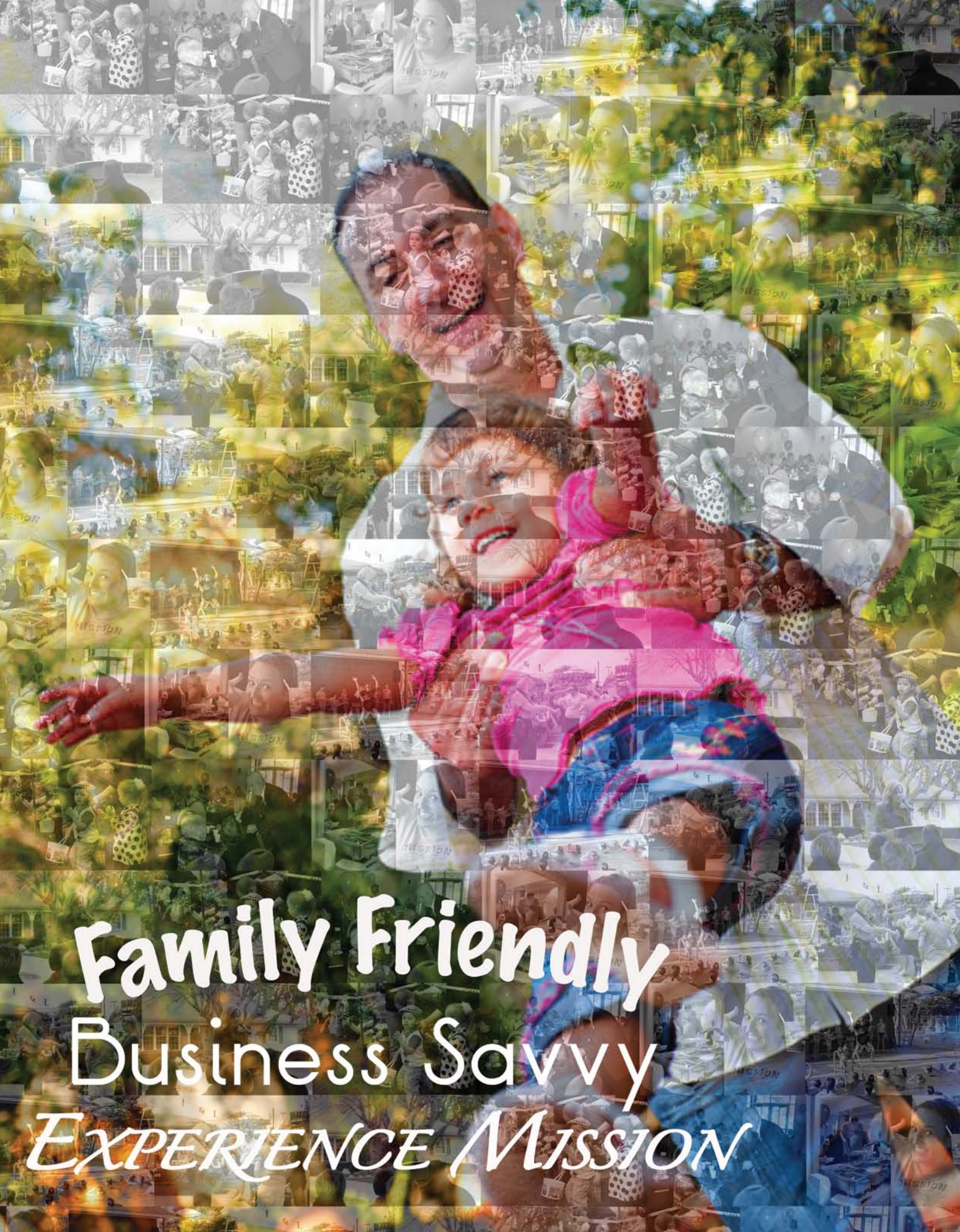
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